

August - September 2 0 1 7

Fox Point—Bayside LX Club

600A E. Henry Clay St. • Whitefish Bay, WI 53217 • 414-204-8220 • www.lxclub.org

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President's Message:

We are at the half way point of 2017 and it has been a challenging and fun time for me. And, I hope it has been enjoyable for you. All of our programs are well attended yet are wide open to additional participation. And, we are open to recommendations.

I have learned that some members are in need of chairs with arms in order to be comfortable at our events. Please contact me at the LX Club and we will do our best to accommodate you.

Per a number of requests, our address, phone number and website will be shown at the top of the page where this message appears. Please feel free to contact the club or me through the phone or website. Your needs, thoughts and recommendations will be addressed.

Upcoming Events:

AUGUST PROGRAM: SOUND FINANCIAL PRACTICES

We are excited to present Todd Sivak and Tim Schlosser, Directors of Wealth Management at Summit Street Wealth Management. They will speak on Sound Financial Practices and New Developments in the Financial World. Social security and Medicare and more.

DATE: Thursday August 17 • **TIME:** 1:00 pm. • **PLACE:** Whitefish Bay Woman's Club, 600 E. Henry Clay, Whitefish Bay. A desert reception sponsored by First Bank Financial Centre in Mequon will follow.

SEPTEMBER PROGRAM: CREATIVE FLOWER IDEAS Presented by Beverly Burger

Learn first hand about making creative flower arrangements for your home, family, and friends. Discover your artistic talents as you use flowers from your garden or local supermarket to make a professional looking arrangement, using simple containers you can find around the house. Let your imagination inspire an original design you and your friends can enjoy. Dessert reception to follow

DATE: September 7th • TIME: 1:00 P.M. • PLACE: Whitefish Bay's Woman's Club

Recipe:

Our speaker in June was Dr. Orit Vardi Tragash, Naturopathic Doctor, Acupuncturist, and owner of Yarrow Natural Medicine in Madison. She focused her presentation and discussion on healthy eating. A healthy quinoa tabouli was served to all attendees (recipe follows). To get more information about Orit's medical practice in Madison, visit www.yarrownaturalmedicine.com, to schedule an appointment call 608-335-9298, and to see weekly health articles, "like" Yarrow Natural Medicine on Facebook.

Quinoa Tabouli (serves 6)

INGREDIENTS

- 1 cup quinoa 1 cucumber, cut into 1/4" pieces 1 pint cherry tomatoes, quartered
- ½ a bunch of parsley, finely chopped 1 scallion, thinly sliced juice of ½ a lemon
- 1/4 cup extra-virgin olive oil salt to taste

PREPARATION

1. Bring quinoa and 2 cups water to a boil in a medium saucepan over high heat. Reduce heat to low, cover, and simmer until quinoa is tender, about 15-20 minutes. Remove from heat and let stand, covered for 5 minutes. Fluff with a fork and transfer to bowl. 2. Add cucumber, tomatoes, parsley, and scallion to quinoa. 3. Add lemon juice and olive oil and stir. 4. Season to taste with salt.



Fox Point Farmers Market:

The Fox Point Farmers Market is a producer-only market featuring Wisconsin foods and related products. Open June 17th through October 14th, Saturday mornings 8 a.m. to noon with music at 10 a.m. Located at 7300 Lombardy Road at the Stormonth School in Fox Point.

Stroll around this neighborhood market place and you will be amazed at the great products from farm grown vegetables, honey products, yummy bakery, fresh salmon and trout, delicious and savory soups, grass fed beef, organic pork, jams and jellies, flowers, egg rolls and spring rolls and so much more.

Our LX Club will have an informational table at the Farmers Market on August 5th, September 2nd and October 7th. Come visit us and learn more about the great programs and events we have planned and enjoy a morning at the market. Information from Fox Point Farmers Market website.

Movies

AUGUST 9, 2017 \sim **Southside with You**: Chronicling a fateful summer day in 1989 when a Harvard Law student wooed a pretty young attorney by taking her on a memorable South Side Chicago date, this engaging romantic drama charts the beginnings of Barack and Michelle Obama's relationship. 1 hr. 24 min.

AUGUST 23, 2017 \sim **Mr. Church**: Based on a true story Henry Joseph Church is hired to lend a hand to a single mother diagnosed with cancer. He wins the hearts of mom, Marie Brody, and daughter, Charlie, through his cooking establishing a bond that lasts long beyond Marie's death and Charlie's childhood. Eddie Murphy at his best! 1 hr. 44 min.

SEPTEMBER 13, 2017 \sim **Hidden Figures**: In the race between the United States and the Soviet Union during the Cold War, three black female mathematicians play a key role in launching John Glenn into outer space, making him the first American to orbit Earth. Nominated for three Academy Awards. 2 hr. 7 min.

SEPTEMBER 27, 2017 \sim **Lion**: Five year old Saroo gets lost on a train which takes him thousands of miles across India, away from home and family. Saroo must learn to survive alone in Calcutta, before ultimately being adopted by an Australian couple. Twenty five years later, armed with only a handful of memories, and a revolutionary technique known as Google Earth he sets out to find his lost family and returns to his first home. Based on a true story. 2 hr. 9 min. Nominated for Best Picture.





Marcus Movies

Great turn out for our movies at the North Shore Marcus Theater. The first Wednesday of every month the LX Club and 50+ For Us is having movie night, at the North Shore Marcus Theaters. So far we have had a great turn out. In June we showed the comedy 'Snatched' and in July we showed the super hero movie 'Wonder Woman'. The incredible price of \$2.50, included hot buttered popcorn, reclining leather seats and a meet and greet dessert reception after the movie. For a great deal and a fun and relaxing evening join us on movie night!

Next Movies are August 2nd and September 6th. Check in is at 6 o'clock at Marcus North Shore Theater, in Mequon on Port Washington Road. Movies to be announced. SEATING IS LIMITED SO CALL TO RESERVE YOUR TICKET. LX Club at 414- 204-8220 or Jan at 414-228-1882

Sunshine Lady:

Sunshine to our wonderful Sunshine Lady, Jean Schram who is recovering from knee surgery. To that end, Jean is taking physical therapy and is hopeful of trying out for the open punter position on the Packers. Best Wishes Jean!!





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September 14 • Horse racing at Arlington Track on Value Day! • Arlington Hts., Ill

<u>September 17</u> • "Honeymoon in Vegas" – Musical Comedy at The Marriott Theatre Lincolnshire, IL • Pre-show Lunch at The Cheesecake Factory restaurant

<u>October 1</u> • "Elvis Lives" -- The Fireside Dinner Theatre + Deluxe Sunday Brunch Fort Atkinson, WI

October 4 • "Octoberfest in Milwaukee" – Mader's Restaurant – Sauerbraten entree • Old World 3rd St. • Strolling German musicians plus Chicago Symphony artist Nancy Fako on the Alpen horn. After, visit the shops on Old World 3rd St.

October 12 • "Duke Ellington's Greatest Hits" – Nichols Concert Hall • Evanston, IL • Performed by Music Theatre Works

FOR MORE INFORMATION CONTACT MARY GILARDI (414) 871-9783